

# Painkiller

Music: Jason Derulo feat. Meghan Trainor  
Track 6 - CD - Everything is 4

Level: Easy-Int.

Time: 3:23

Choreo: Michael Brammer; mibrammer@versanet.de  
taught at 60 Years EAASDC 2015

Sequence: **A B C A B C Break D C End**  
wait 16 beats , left foot is free

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## Part A:

Mountain Basic            STO DT UP/H DS RS  
                              L    R    R    L R    LR  
                              1    &    2    &3 &4

Charleston                DS TCH(if) H T(ib) H RS  
                              L    R            L R            R LR  
                              &1 &            2 &            3 &4

Rocking Chair             DS BR UP/H DS RS  
                              L    R    R    L R    LR  
                              &1 &            2    &3 &4

Turkey                    H(ots/w) FLP S(xib) DS RS  
                              L                    L R            L RL  
                              1                    & 2            &3 &4

Repeat all with opposite Footwork

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## Part B:

Step Slur Basic            S SLR S(xib) DS RS  
                              L    R    R            L RL  
                              &1 &    2            &3 &4

Slur Kick                 DS SLR S(xib) DS KK Up/H  
                              R    L    L            R    L    L R  
                              &1 &    2            &3 &    4

Outhouse                 DS TCH(ots) H TCH(xif) H TCH(ots) H  
                              L    R            L R            L R            L  
                              &1 &            2 &            3 &            4

Basic                     DS RS  
                              R    LR  
                              &1 &2

Basic Kick                DS KK UP/H  
                              R    L    L R  
                              &1 &    2

**REPEAT all with opposite footwork**

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## Part C:

Football DS KK UP/H RS KK UP/H RS DS RS KK UP/H  
L R R L RL R R L RL R LR L L R  
&1 & 2 &3 & 4 &5 &6 &7 & 8

Fancy Run DS DS(xif) BA(ots) BA(xib) BA(ots) S move L  
L R L R L R  
&1 &2 & 3 & 4

Rocking Chair turn ½ L on BR UP/H  
Turn ½ left

Push Off DS RS RS RS move L  
L RL RL RL  
&1 &2 &3 &4

Fancy Double DS DS RS RS  
R L RL RL  
&1 &2 &3 &4

**Repeat Push Off & Fancy Double with opposite Footwork**

**Repeat Football, Fancy Run, Rocking Chair turn ½ left and add**

Jazz Box S S(xif) S(ib) S(ots)  
L R L R  
1 2 3 4

Fancy Double

**Repeat Jazz Box & Fancy Double**

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## Break:

T-Step DS DS DS DS DS HOP RS HOP move fwd on beat 1-5  
L R L R L L RL L  
&1 &2 &3 &4 &5 &6 &7 &8

Triple right &  
Fancy Double move backward

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## Part D:

4 Samantha DS DS(xif) DR S(ib) DR S(ib) RS DS DS RS turn ¼ L on DR S DR S  
turn in a Box L R R L L R LR L R LR  
&1 &2 & 3 & 4 &5 &6 &7 &8

2 Travelling DS H(w) S H(w) S H(w) S turn 1/8L on beat 1  
Shoes L R L R L R L move R on beat 2-4  
R L R L R L R turn 1/8L on beat 1  
&1 & 2 & 3 & 4 move L on beat 2-4

Fancy Double back move backward

Dirty Turn DS(xif) SLR(turn ½ L)  
L R  
&1 &2 3 4

Step X & Turn S (xif) Turn ½ L S  
L R  
1 2 3 4

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## End:

**Football; Fancy Run; Rocking Chair; Jazz Box**